

# Return to Garden Fantasy

Embroidery Designed & Digitized by Janet Sansom



Please read through all instructions before starting your project.

All seam allowances are  $\frac{1}{4}$  inch, and are included in the measurements given.

## **General Requirements:**

### **Fabric:**

1 metre based on 110cm navy ivory quilter's muslin

Additional 2.7 metres based on 110cm wide navy quilter's muslin

1 metre of bright blue fabric for sashings

3.6 metres backing fabric 110cm wide

1.8 metres batting

Note: It is recommended fabrics be 100 per cent cotton, pre-washed and well ironed and recommend you spray starch the back of each embroidered block and iron on paper

Cotton Construction Thread

80/12 Universal Machine Needle for construction

80/12 Embroidery Needle

Tearaway Stabilizer

Echidna Iron on Paper

Embroidery Threads

Bobbin fill

Rotary Cutter and Cutting Mat

Spray starch

Template Plastic - optional

9 1/2in embroidery setting square template from Somerset Patchwork & Quilting – see end of article for ordering details

Return to Garden Fantasy embroidery designs by Janet Sansom.

**Finished Quilt Size:** 64 inches square (163cm)

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### Embroidery Instructions

Return to Garden Fantasy embroidery design set comprises 36 designs which measure 100 x 100mm (4in x 4in). When used for quilt blocks each design is rotated to make nine, 200mm (8in) square blocks.

Fabric for the embroidered blocks is cut larger than needed due to shrinkage that occurs and to allow room for hooping.

Cut nine, 12in squares - these will be recut to 9 ½ inches square after embroidering.

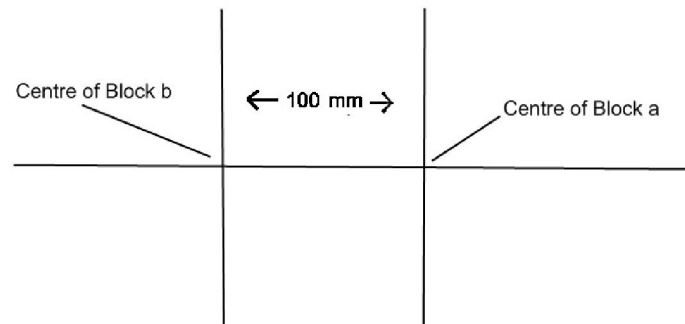
TIP: Before cutting the blocks make sure to check that the size is large enough to accommodate your hoop.

Download the designs to your machine.

The designs have already been combined and customised to make the 200mm (8in) square blocks in one hooping for large hoop machines or two 100mm x 200mm (4in x 8in) hoopings for medium hoop machines

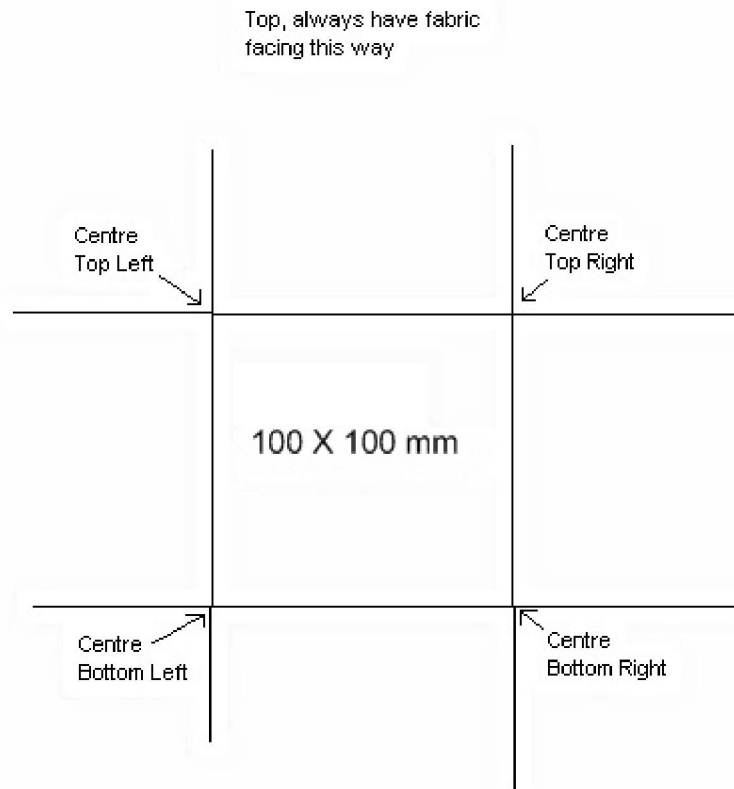
For large hoop machines, hoop the prepared fabric with tearaway stabiliser and stitch out the design. When finished, remove the stabiliser and press the block placed face down on a thick towel.

For medium hoop machines refer to diagram:



Stitch the right hand side of the block marked 'a', remove the stabilisers carefully then press face down on a towel. Re-hoop to stitch the left hand side of the block marked 'b'

For smaller hoop machines draw a 100mm x 100mm (4in x 4in) square in the centre of the prepared fabric. The corners of the drawn square are the positing points for the designs. Continue to draw through the vertical and horizontal lines out from the square to give the axis for embroidery placement as shown in diagram



Mark the top of the fabric to ensure it is always facing the right way and so that the design can be correctly rotated. Stitch out the top right design first. Make sure it is in the correct orientation. Hoop the prepared fabric and tearaway stabiliser making sure the lines of the fabric square line up with the centre hoop marking. When the first design is finished, remove from the hoop, trim any jump stitches and gently remove stabilisers. Lay the block face down on a towel and press.

Make sure when looking at the block that the first design is to the top right. Re-hoop with stabiliser for the bottom right corner. Rotate the design and stitch out. Continue this process with bottom left then top left until the block is complete.

Repeat this process to embroider the remaining blocks.

Press all embroidered blocks face down on a thick towel - this prevents flattening the embroidery and then spray starch. Trim all embroidered blocks to 9 ½ inches making sure the embroidery is centred.



The embroidery cutting squares I use have soft padded feet that raise the template above the work; this ensures there's no slipping or moving while cutting. They have centre markings and certainly overcome costly and timely cutting mistakes!

## Quilt Instructions

### Cutting:

From the navy fabric cut 4 border strips the length of the fabric 65 x 9 ½ inches and retain for borders, these are cut larger than required to accommodate metering corners

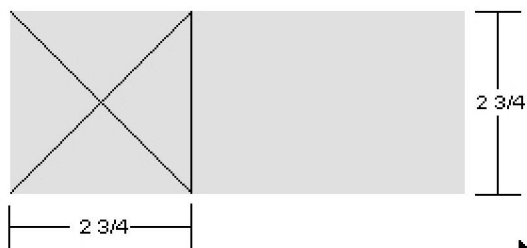
Cut 14 strips the width of the fabric 2 inches wide

From the bright blue fabric cut 28 strips 1 ¼ inches wide the width of the fabric

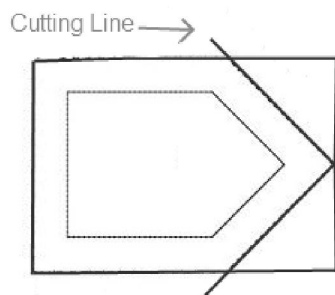
Cornerstone: You can either rotary cut these shapes or draw and cut a plastic template for them:

From the navy fabric cut 20, 1 9/16 inch squares

Cut 20, 2 ¾ inch squares and cut in half twice



From the bright blue fabric cut a strip 1 9/16 inch x 2 1/8 inch rectangle, mark centre and cut off corners at a 45 degree angle.

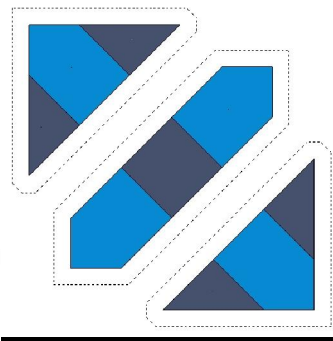


**Construction:**

Stitch 6 strips together in this colour order, press seams to the outside then crosscut 24, 9 ½ inch segments.



Cornerstone Block: Stitch together 20 blocks as per diagram, block measures 3 ½ inches



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Lay out your embroidery and stitch a sashing strip to the outside and in-between each embroidered square, press seam allowances to the outside.

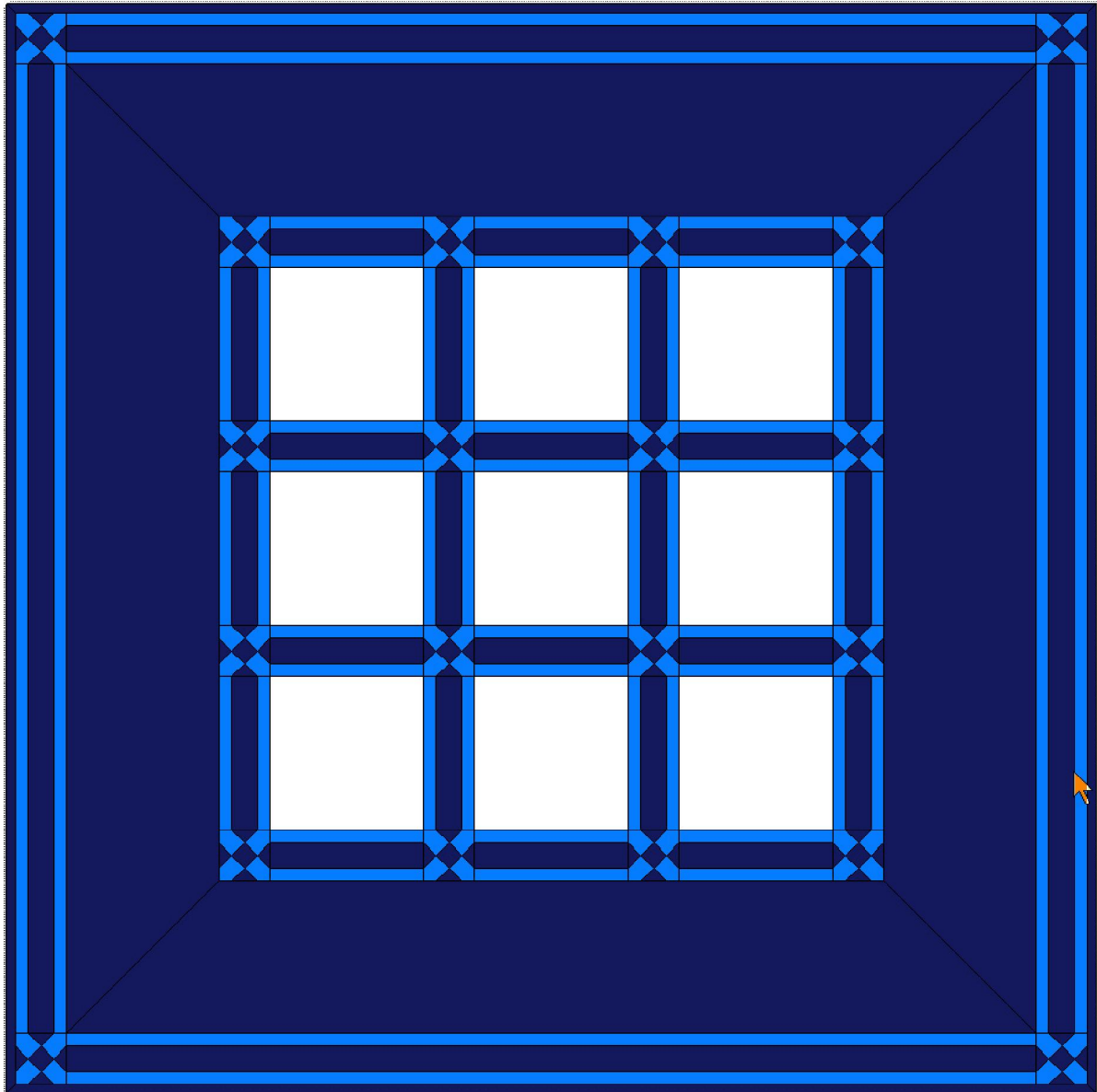


With the remaining 9 ½ inch segments, assemble in 4 rows, with cornerstones to the outside and in-between, abutting the seams at the intersections and pressing them towards the inside.



**Layout:**

Using the layout diagram join together in rows. Sew the rows together, carefully abutting the seams and matching the intersections.

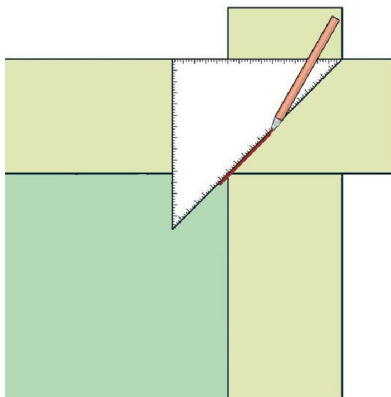


**Inner Border:**

Using the 9 ½ inch strips cut earlier.

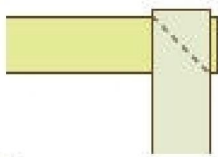
Centre the fabric borders pin and begin and end stitching  $\frac{1}{4}$  inch from edges of corners. Press seam allowances toward the quilt top.

Use the  $45^\circ$  angle line, marked on your ruler, to pencil a  $45^\circ$  stitching line from the corner of the quilt to the raw edge of the border. Diagonally fold border of the marked corner under and lightly iron, pin in place, stitch and trim excess fabric and press seam open. Repeat for the remaining corners.



### Outer Borders:

Using the remaining strips cut earlier, join strips where necessary, you will require strips to measure  $57 \frac{1}{2}$  inches.



Join on 45 degree angle, trim to  $\frac{1}{4}$  inch and press

Join 4,  $57 \frac{1}{2}$  inch strips in this order, press seam allowances to the outside.



Stitch one set of strips to the top and another to the bottom of the quilt.

On the remaining two sets of strips join cornerstones to top and bottom and then stitch to each side of the quilt.

### **Backing:**

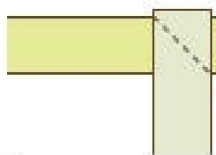
Cut the backing fabric into two equal lengths, remove the selvages, sew them side-by-side and press the seam open. To enable machine quilting the backing and batting need to be 10cm (4") bigger than the quilt top on every side.

### **Quilting:**

This quilt was machine quilted by Desley Regan of Addicted to Quilts, who stitched in the ditch around all embroidered blocks, sashings and cornerstones. She stitched around the centre motif on the embroidered squares. She used a continuous leaf motif around the border and at intervals placed flower shapes which I had used in the embroidery.

### **Binding:**

Cut seven 2 ½ inch binding strips; join the strips together to form one long piece.



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Join on 45 degree angle, trim to ¼ inch and press

Fold in half lengthways with the wrong sides together. Working from the wrong side align the raw edges of the binding to the quilt and sew in place using a 1/4in (6mm) seam allowance. Attach the binding to the quilt with a walking foot, mitring the corners as you go.

Turn the folded edge to the front and pin. Choose a decorative stitch, but make sure it's one that stitches from the middle to both sides. I have used a traditional faggoting stitch, 5mm wide and 2.5mm long. You can use coordinating embroidery thread, but if so, whatever you use on the top must also be used in the bobbin. Using the previous stitching line as your guide, stitch the top and bottom sides first, fold in the mitred corners and then stitch the two sides.



Happy Stitching

Janet

The 9 1/2in embroidery setting square template and navy quilters' muslin for this quilt are available exclusively from Somerset Patchwork & Quilting, 18 Hamilton Place, Mt. Waverley Vic 3149. Phone (03) 9807 3399, email [sales@somersetpatchwork.com.au](mailto:sales@somersetpatchwork.com.au) or visit [www.somersetpatchwork.com.au](http://www.somersetpatchwork.com.au)

Desley Regan from Addicted to Quilts can be contacted by email [desley@addictedtoquilts.com.au](mailto:desley@addictedtoquilts.com.au) or phone (03) 98330 3320.

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